

PAYNEHAM VET CENTRE

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Constipation Treatment in Cats

Diet

- High water content- canned better than dry e.g., Hills Prescription W/D.
- Fiber - Can create a soft stool, **but** can also create excessive fecal bulk and complicate colonic distention.
- Additives- Dose 1–4 teaspoon in each meal- Metamucil, wheat bran, canned pumpkin or sweet corn.

Enema

- Microlax.
- Anesthetic and warm water.

Laxatives: treat 1-2 times a week

- Hyperosmotic
 - Lactulose- dose ½-1 mg/kg twice daily- do not use with other laxatives, xs dose causes flatulence, diarrhoea, cramping and dehydration
 - Milk- may be more palatable
- Lubricant
 - Liquid Paraffin – dose 5 mls- no longer recommended due to aspiration
 - CatLax
- Emollient – must be well hydrated
 - Coloxyl

Drug Therapy

- Cisapride - Increases motility of the colon – 5-7.5mg/cat po TID.

Surgery

- Subtotal colectomy – usually recommended if medical management failed after 2-3 attempts.
Most cats have 1-2 stools per day, happy with a stool every 2 days.